



FRIDAY CONVERSATIONS

Real Conversations. Deeper Connection.

Press & Media Fact Sheet

About

Friday Conversations is a weekly, in-person gathering in Spokane, Washington built on a simple idea: real conversations lead to deeper connection. Every Friday, members, guests, and neighbors come together over lunch for an hour-long live podcast on the week's theme, then stay for overtime to keep the conversation going. Four rotating themes give each Friday its own focus, while one shared rhythm keeps the community connected all month long.

The Friday Rhythm

1st Friday — Arts & Entertainment Creativity. Expression. Inspiration.	Hotel Indigo — Spokane Downtown · Otis Meeting Room Spokane, WA
2nd Friday — Generosity Service. Local impact. Stronger together.	Innovia Foundation · Snake River Room Spokane, WA
3rd Friday — Youth & Next Generation Young voices. Bright ideas. Future focus.	Precision Driving Academy — Liberty Lake Portal · Mica Peak Room Liberty Lake, WA
4th Friday — Intentionality Purpose. Alignment. Meaningful action.	Dry Fly Distilling · Dry Fly Distilling Mezzanine Spokane, WA

At a glance

Cadence	Every Friday, year-round
Schedule	12 PM lunch + networking · 1–2 PM live podcast · 2–3 PM overtime
Format	In-person and free to attend — all are welcome
Location	Spokane, WA — four rotating venues
Media	Live podcast with audio, video, transcripts & social-ready clips

Brand



Deep Blue — #082D50 (Primary)

Copper — #C9772E (Accent)

Typeface: **Poppins** (headings & body).

Press & Partnerships

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